

Long term plan

Year 7 - Healthy eating and life skills

HT1	HT2	HT3	HT4	HT5	HT6
Health and safety rules, Personal hygiene and basic cooking	Eatwell Guide - Nutrients, foods and functions	Eatwell Guide - Nutrients, foods and functions	Food storage and bacteria	Food storage and bacteria	Fairtrade foods and locally sourced foods.

Year 8 - Where our food comes from

HT1	HT2	HT3	HT4	HT5	HT6
Plant vs Animal foods and the difference between fruit and vegetables	Wheat - How is it turned into flour - gluten free	Protein - Meat, classification of names, cuts of meat and religion and food.	Protein - Eggs, Production methods and social, moral and ethical issues	Protein - Fish, Sustainability - wild vs farmed and classifications of white, oily and shell.	Red tractor and red lion symbol.

Year 9 - GCSE Educas

HT1	HT2	HT3	HT4	HT5	HT6
Commodity 2 - Fruit and vegetables		Commodity 3 Milk, cheese and dairy		Commodity 4 -Eggs	

Year 10 - GCSE Educas

HT1	HT2	HT3	HT4	HT5	HT6
Commodity 4 - Meat, fish and poultry	Commodity 4 -Eggs	Commodity 3 Milk, cheese and dairy	Food Science challenges	Commodity 1 - Cereals	Commodity 6 Butter,oil, margarine, sugar and syrup

Year 10 - GCSE Educas

HT1	HT2	HT3	HT4	HT5	HT6
Commodity 4 - Meat, fish and poultry		Commodity 1 - Cereals		commodity 6 Butter,oil,margarine, sugar and syrup	

Year 11 - GCSE Educas

HT1	HT2	HT3	HT4	HT5	HT6
NEA 1 & NEA 2 - research section		NEA 2 and 3 hour practical session + Evaluation		Revision for exam - Recall tasks and interleaving	